



Summer Energy Saving Tips

Take advantage of these easy and low-cost ideas to help manage your electricity use during our hotter summer months.



Turn up the heat to stay cool

During a heat wave, set your thermostat to 25.5°C or higher. Set it to 28°C if no one will be home for four hours. Turn the air conditioning off completely if your home is empty for more than four hours.



Winds of change

During summer run your ceiling fan counterclockwise. This will move air downward where it can make you feel cooler as the air passes over your skin.



Check your stream

If you're binge watching more these days, the device you use for your entertainment can make a difference. Gaming consoles use 15X more energy to stream content than a digital media player like Apple TV. Your tablet uses 4X less energy than a laptop to stream the same show.



Not as cool as you think

Ceiling fans won't cool a room. They simply create a breeze that makes you feel cooler, but the temperature remains the same. To save energy, turn off ceiling fans when no one is in the room.



Too much heat in the kitchen

Crockpots create less heat than your oven and they allow you to prepare meals during the cooler overnight hours. For additional savings, reheat your meals with the microwave.



Sleep cooler

Teach your hot water bottle a new trick – fill it with cold water and chill it in the freezer a few hours before bedtime. Then place it between your sheets and enjoy the cooling sensation.